

PHYLLIS A. ERNST  
**Senior  
Center**

Recreation & Parks  
Department  
3810 Veterans Memorial Drive  
Hilliard, Ohio 43026  
(614) 876-0747  
8 a.m. – 4 p.m.

# PLAY!

## Newsletter

VOLUME 33, NO. 10  
OCTOBER – NOVEMBER 2012  
[www.hilliardohio.gov](http://www.hilliardohio.gov)

## FALL INTO AUTUMN



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### **Membership Renewal**

Memberships are valid for a period of 12 months. A renewal form is available in the office. Memberships are \$15. Complimentary memberships are provided to those 90 years of age and older.

## Hometown girl loves serving community through work

Megan (Hoover) Goudy is a third-generation City of Hilliard resident. Her parents and grandparents all grew up in town. So, it's no surprise Megan rarely goes anywhere without running into a cousin or relative. Megan began working for the City of Hilliard in 1996 at the age of 15 as a lifeguard at the Hilliard West Pool. She attended Hilliard Darby High School and was part of the first graduating class in 1999. She then attended Ohio Dominican University where she graduated with a degree in Social Work.

After receiving her degree she worked for Franklin County Children

Services before returning to a job she loves with the Hilliard Recreation and Parks Department. Megan feels that the best thing about her job is all of the people she gets to interact with each day.

Shortly after graduating college Megan married her college sweetheart Brian Goudy that she met in Sign Language class. Brian and Megan have a 5-year-old daughter Molly and a new 3-month-old son Trey. They live in Hilliard in her

grandmother's house where she cherishes many childhood memories. Other than spending time with her family, Megan enjoys camping and traveling.



## WHAT ELSE CAN YOU TELL US?

### **Favorite game as a child?**

Megan Goudy, staff member: Tag  
Nancy Bryner, volunteer: Paper dolls  
Mike Vaselakes, member: Basketball

### **Coke or Pepsi?**

Megan: Diet Coke  
Nancy: Diet Coke  
Mike: Pepsi

### **Sweet or Salty?**

Megan: Sweet  
Nancy: What a question. Both!  
Mike: Sweet

### **Power to be invisible or to read minds?**

Megan: Read minds  
Nancy: Read minds; I might get smarter that way!  
Mike: Read minds

### **Do you believe in love at first sight?**

Megan: No  
Nancy: No  
Mike: Yes

# NEWS & NOTES

## Senior Center Newsletter

VOLUME 33, NO. 10  
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### Registration

Sign up for all new programs listed in this newsletter in person beginning at 9 a.m. on Monday, Sept. 10. We begin taking call in reservations at 1 p.m. You may also register and renew your membership online at [www.hilliardohio.gov](http://www.hilliardohio.gov). Let us know if you need us to email you your username and password.

### Center Closings

The center is closed on Monday, Oct. 8 in observance of Columbus Day; Monday, Nov. 12 in observance of Veterans Day; and Thursday, Nov. 22 and Friday, Nov. 23 in observance of Thanksgiving. There is no Bridge or Pinochle on Thursday, Nov. 15 due to the Thanksgiving Luncheon.

### PLAY! Program & Activity Guide

Pick up a Fall/Winter Program and Activity Guide for more information.

### Election Day

The Phyllis A. Ernst Senior Center is a polling site on Tuesday, Nov. 6.

### Hours

We are back to regular hours for cards and lunch. Thank you everyone for your patience this past summer.

### OHSHIIP

Have a Medicare or Health insurance question? A counselor helps explain and sort out problems with Medicare, Medicaid, Medicare supplemental insurance policies, long-term care insurance, retirement health plans and other health insurance. The Ohio Senior Health Insurance Information Program provides free information and other health insurance services to people in Ohio covered by Medicare. Schedule a one-on-one appointment at the Center office for the fourth Thursday of the month.

### Library

We have a library available with a wide selection of books, movies, books on tape and puzzles. Computers and printers are also available for your use. Please stop in and enjoy the library.



### Coupon Clippers

Volunteers clip donated coupons and file them in a box located at the center on the coffee bar. Please feel free to stop in and select coupons that are of use to you. A second box is available for depositing coupons you are not going to use. Thank you coupon clipper volunteers!

## ACTIVITIES & SPECIAL EVENTS

### 90th Birthday party

Join us as we celebrate our members who are 90 years of age and older! Celeste Friedman entertains us with songs from all decades then we enjoy cake and ice cream.

- Monday, Sept. 17, 1-3 p.m.; \$3 for those under age 90 and free to all those 90 and over.

### Dessert Night Gets A New Name: "Game Night"

Get together for snacks, cards, puzzles, games and other social activities the first and third Thursday (except Nov. 15).

- Thursdays, Oct. 4, Oct. 18 and Nov. 1, 5:30-8 p.m., \$2

### Carriage Court Dine & Discover

Carriage Court hosts this luncheon on the third Friday of the month and provides an informative speaker after lunch.

- Friday, Oct. 19, noon
- No Dine and Discover in the months of November and December

### Halloween

#### Spooktakular Lunch

Come dressed in costume if you dare for a SPOOKtakular time!

- Tuesday, Oct. 30, noon; \$4



### AARP Driver Safety Program

Take the AARP driving safety class. Learn how to avoid driving hazards. There is no test. Some insurance companies offer discounts. Please register in advance.

- Monday, Oct. 22, 1-5 p.m.; \$12 AARP Member, \$14 non AARP Member, payable to AARP day of class

### Po-Ke-No by Mayfair Village

Mayfair Village is sponsoring Po-ke-No. There is no charge but please register in advance.

- Thursday, Oct. 25 and Nov. 29, 10 a.m.

### Prayer Luncheon

Typically held the last Friday of the month, join us this fall for two special Prayer Luncheons. An area minister presents a short message after the lunch. Your reservation is due the day before the luncheon.

- Friday, Oct. 26 and Friday, Dec. 7, noon; \$4

### Jim Collins Presents...

Jim Collins, Ph.D., has developed and presented continuing education seminars and workshops for more than 18 years and has taught college courses in sociology, psychology, anthropology and gerontology for more than 15 years. Enjoy his signature high-energy, motivational style as he entertains us.

- Tuesday, Oct. 16, 1 p.m.: Ghosts and Haunted Places; free.
- Wednesday, Dec. 12, 1 p.m.: Psychology of Happiness; free.

# ACTIVITIES & SPECIAL EVENTS



## Happiness Club

Your reservation is due by noon the Tuesday before the lunch. Call Bev Burkett at 876-7900 with reservations, cancellations or questions. The cost of the meal is \$5 and you are responsible for the cost of the meal if you register.

- Friday, Oct. 12, noon.  
Committee members are: Barb Zimmerman Chairman, Barb Sulanis, Diana Fife, Phyllis Fargo, Susan Workman, Elka Lester, Kitty Minck, Harry Minck, Arlene Snider, Tom Snider
- Friday, Nov. 9, noon. Committee members are: Helen Hall Chairman, Betty Cunniberti, Sue Gulley, Helen Johnson, Bill Logston, Florence Magalski, Carole Killilea, Gene Murphy, Carol Hostutler, Dennis Hostulter

## Norwich Township Fire Fighter's Lunch & Learn

Free lunch sponsored by your local fire department.

- TBA; free.

## Pool Tournament

Cue up those sticks and get ready to rumble!

- Tuesday, Nov. 27, 1 p.m.; \$3, register in advance

## Edward Jones Lunch & Learn

Reserve a spot for these informative sessions. Must attend seminar to receive the free lunch, reservation required.

- Wednesday, Oct. 17, 11 a.m.:  
Fraud and Finance Part 1.  
Presented by Tim Payne, Financial Advisor of Edward Jones and the Hilliard Division of Police. Attend this informative seminar with an officer from the Hilliard Police Department to learn about how criminals target senior citizens. Learn how to be aware and protect yourself from fraud.
- Wednesday, Nov. 14, 11 a.m.:  
Fraud and Finance Part 2.  
Presented by Tim Payne, Financial Advisor of Edward Jones with special guest speaker John Ruiz-Bueno, Esq. Attorney at Law. Learn more about how to protect yourself from crimes against seniors in the second installment of this fraud prevention and awareness seminar. Learn what you can do to protect yourself and hear what not to do.

## Veterans Day Luncheon

Join us in honoring our senior veterans at a special luncheon program. We salute all the men and women who have served our country. This lunch is open to all and free to our veterans. Regular lunch price applies to non-veterans. Before lunch take pleasure in listening to Steve Ball as he treats you to Lessons of the American Civil War Through Music. Steve shares the story behind each song and then makes the ballad come alive with his wonderful vocals and guitar-playing skills. His repertoire includes rousing patriotic pieces, silly marches, songs of long-lost love and tragic melodies. This wonderful program delights audiences of all ages, even if they aren't Civil War buffs. After lunch the Music Men, a Barbershop Quartet entertains us with songs and silly jokes.

- Wednesday, Nov. 7, 11 a.m.-2 p.m.; free to veterans, \$4 for non-veterans

## Thanksgiving Luncheon

Featuring all the traditional favorites including turkey, mashed potatoes, dressing, green beans, cranberries and pumpkin pie. After lunch sit back and listen to The Saxmen as they play all of our favorites from the '30s, '40s and '50s.

- Thursday, Nov. 15, noon; \$8 Member, \$10 non-members





## COMPUTER COURSES

### Learn to 'Like It on Facebook'

Facebook allows users to connect with family and friends in lots of fun and exciting ways. Participants learn to create an account, find and add friends and family members, share photos, post messages, and join (or "like") groups of interest. The first session includes a brief history and overview of the Facebook organization. Make sure to sign up quickly for this new class.

- Wednesday, Sept. 26 and Oct. 3, 1-3 p.m., \$44

### iPad Basics

Participants learn about the iPad and the functions of its buttons; how to use the touch screen, practice navigating from the home screen, use the standard apps, rearrange icons and change wallpaper. The class also covers surfing the internet, sharing photos and using email.

- Wednesday, Oct. 10 and 17, 1-3 p.m., \$44

### Introduction to Microsoft Word

Participants learn how to create, save and locate documents, change font sizes, shapes, alignment and more. You will also have time for review and practice. This class is perfect for the those who have been hesitant to get started in Microsoft Word.

- Wednesday, Oct. 24 and 31, 1-3 p.m., \$44

### Microsoft Word: Beyond the Basics

Participants continue learning by inserting pictures and borders into files to create professional looking flyers and documents. Bulleted lists, keyboard shortcuts and mouse tricks are also covered.

- Wednesday, Nov. 7 and 14, 1-3 p.m., \$44

### Spreadsheet Basics Using Microsoft Excel

Whether it's balancing your checkbook or putting together a budget, Microsoft Excel is the program for you. Improve the way you turn your data into information using powerful tools to analyze, communicate and share your results. Microsoft Excel is a spreadsheet program that enables users to track and manage data, addresses, financials and more. Participants learn how to create simple spreadsheets, perform detailed calculations, and sort data.

- Wednesday, Nov. 21 and 28, 1-3 p.m., \$44

### Microsoft Excel: Beyond the Basics

Build on the skills in the Excel Basics class and learn how to create a monthly expense and mileage spreadsheet. This includes, entering data, using formulas to make calculations, sorting and filtering data. You also learn about best practices and the many shortcuts available in Excel.

- Wednesday, Nov. 21 and 28, 1-3 p.m., \$44

## FILMS & FLICKS

### Mirror Mirror

After a beloved King vanishes, his ruthless wife seizes control of the kingdom and keeps her beautiful 18-year-old stepdaughter, Snow White, hidden away in the palace. Rated PG.

- Oct. 12, 1:30 p.m.

### This Means War

Two of the world's deadliest CIA operatives are inseparable partners and best friends... until they discover that they've fallen in love with the same woman. Rated PG-13.

- Oct. 26, 1:30 p.m.

### Sherlock Holmes: A Game of Shadows

Sherlock Holmes has always been the smartest man in the room... until now. There is a new criminal mastermind at large who may have an advantage over the detective. Rated PG-13.

- Nov. 9, 1:30 p.m.

### The Artist

It's the late 1920s in Hollywood and handsome George Valentin is a silent movie idol. Star-stuck and attractive extra Peppy Miller is given a small role in his next picture. Rated PG-13.

- Nov. 30, 1:30 p.m.

# EXCURSIONS

## Local Shop

The center bus picks you up at your home if you live in the City of Hilliard and departs from the center at 11 a.m. on Fridays; \$2. Please call in advance to make a reservation.

- Oct. 5: Kroger
- Oct. 19: Wal-Mart
- Nov. 2: Meijer
- Nov. 16: Kroger
- Nov. 30: Wal-Mart

## Josephinum

Explore the beautiful buildings, chapels, and grounds of the only pontifical seminary outside of Italy – home to more than 120 Catholic seminarians representing dioceses from the United States and abroad. We stop for lunch after the tour. **There is a large amount of walking involved on this 90 minute tour.**

- Monday, Oct. 1, 9:15 a.m.; \$4, plus lunch OYO

## Men's Group

WBNS TV Station Tour

- Thursday, Oct. 11, 10:45 a.m.; \$4, plus lunch OYO

## Girls Just Want To Have Fun!

Stroll the brick sidewalks, enjoy the shops and dine at the Golden Lamb as we travel to Lebanon, Ohio. You have time to shop and browse on your own before and after lunch. Meet at noon at the Golden Lamb for lunch.

- Monday, Oct. 15, 8:15 a.m., return about 4 p.m.; \$6, plus lunch OYO

## Cuyahoga National Park Train Tour

Travel by motor coach to Cuyahoga National park for a 1.5-hour train ride and fall color tour.

- Thursday, Oct. 18, 9:30 a.m.; \$59 (plus shopping and dinner), make check payable to Tracy McCallister of Tracy's Tours

## Dignified Diners: Dave's Delaware

Travel to Dave's hometown and enjoy a stop at Ma Wilson's and lunch at Buns.

- Wednesday, Oct. 24, 10 a.m.; \$5, plus lunch OYO



## Western Frontier Reunion

Get together for lunch, memories and sharing photos! Call us to register.

- Monday, Oct. 29, noon, Iacono's Pizza on Cemetery Road, plus lunch OYO

## Ohio Railway Museum

Get a glimpse of railroading's past through exhibits, static equipment displays of electric traction and steam. Explore a century of rail evolution! This tour is two hours long.

- Tuesday, Nov. 1, 9 a.m.; \$10, plus lunch OYO at Buca di Beppo

## Dignified Diners: Schmidt's & Book Loft

- Tuesday, Nov. 13, 10:30; \$4, plus lunch OYO

## Senior Living Festival

A free celebration for older adults at Vets Memorial downtown Columbus. The event includes cooking demonstrations, information exhibits, door prizes, live entertainment and recreational activities. This event also provides an opportunity for you to evaluate Medicare plans and choose coverage options during the fall open enrollment plan period. Plan comparisons are provided and discussed by the Ohio Senior Health Insurance Information Program (OSHIIP) staff members and trained volunteers. Enjoy the festival from 10 a.m.-12:30 p.m. then lunch OYO on the way back to the center.

- Wednesday, Oct. 31, 9:30 a.m.-2:30 p.m.; \$4, plus lunch OYO

## Christmas Shopping

Hop on our bus for a shopping trip to the Tanger Outlets in Jeffersonville, Ohio.

- Monday, Nov. 26, 9 a.m.-3 p.m., \$5

Continued on Page 6

# HEALTH & WELLNESS

## Flu Shots

As flu season is rapidly approaching, make sure you are protected. Drop in for either of these clinics to receive your flu vaccination. Medicare, insurance card or \$25.99.

- Tuesday, Oct. 2, 1-3 p.m., hosted by Franklin County Board of Health
- Friday, Oct. 12, 1-3 p.m., hosted by Hilliard Walgreens

## Wellness Wednesday Lunch

Staying active, maintaining spiritual well-being and eating well are keys to living a longer, healthier life no matter how old you are. Nurture your mind, body and spirit through lunch and educational programs on the third Wednesday of the month.

- Wednesday, Oct. 17, Nov. 21
- 11:45 a.m., \$4

## Hearing Screening

Is it time to have your ears checked? A clinical audiologist offers a monthly clinic for screenings and hearing aid cleanings. Evaluations include auditory testing and an otoscope ear inspection. If needed, hearing aid consultation and demonstration of the newest digital technology are provided. Sign up for your 30-minute, one-on-one appointment.

- Wednesdays, Oct. 31, Nov. 28

## Breathing, Laughter and Other Good Things

Exercises to improve your breathing combined with Laughter Yoga to improve your mood. A series of gentle breathing, moving and laughter exercises offers a fun way to learn and benefit from proper breathing techniques. No experience or yoga mat needed... just join the fun! Sponsored by the Breathing Association.

- Wednesday, Oct. 10, 1 p.m.; free

## Lung Health

A discussion of common breathing problems such as COPD and asthma, their treatment, medications and tips for living with these diseases. Sponsored by the Breathing Association.

- Thursday, Nov. 1, 1 p.m.; free

## Indoor Walking

Indoor walking is available in the gym.

- Monday-Friday, 8-9 a.m.

## Get Fit

This class is a complete full-body workout. Some exercises are done while seated and some while standing. All students work at their own pace. Free weights are used. Instructors: Tony Johnson and Maggie Schmidt

- Tuesdays and Fridays, 9:15-10 a.m.  
\$2 a class or an activity card

## Tai Chi

Come give Tai Chi a try! Tai Chi is gentle exercise that incorporates meditation and movement that increases your strength, flexibility, balance and overall level of fitness. Instructor: Jim Long.

- Wednesdays, 2 p.m.; \$2 or an activity card

## Line Dancing

Line dancing is a great way to exercise and have fun! Special clothing is not needed but best not to wear athletic shoes. Instructor: Nancy Bryner.

- Tuesdays, 1:15 p.m.; \$2 or an activity card

## Strength Training

Cam II fitness equipment and motorized treadmills and stationery bikes are available in the weight room; \$5 a month.

## Chair Volleyball

Play this fun version of volleyball with a 20-inch beach ball, smaller court and lower net. Instructor: Linda Hoover

- First and third Fridays,  
10:15 a.m.; free

## Zumba

Ditch the workout and join the party! Zumba uses interval training combining fast and slow rhythms for an effective aerobic workout. It is basically watch and follow. Zumba is good for the body and great for the mind. The class is designed so all abilities are welcome to attend. Instructor: Doreen Woodard.

- Mondays and Wednesdays  
9:15-9:45 a.m.; \$3

## Bowling

Meet Bill Lobuzetta at Sawmill Lanes on Monday mornings at 9 a.m.

- \$6.50 for 3 games; free on  
Tuesdays and Sundays from 10  
a.m.-noon

# EXCURSIONS, CONTINUED

## The Ohio State Stadium Tour

During this tour, you have an exclusive look at some of the most treasured spaces in Ohio Stadium. Walk the sidelines where Woody once roamed, Archie made history and where the Buckeyes have battled since 1922. Experience the Yassenoff Recruit Center filled with pictures of current and former Buckeye greats. Travel up to one of the nation's largest collegiate press boxes, where more than 400 media personnel and staff are seated for games. See the Huntington Club level and view the field from one of the 81 suites. Visit the \$1.5 million Steinbrenner Band Center, home to the "Best Damn Band in the Land." Explore other areas of the "the Horseshoe" for a unique Buckeye experience. After the tour we continue with the Buckeye Theme and lunch at The Buckeye Grill. **There is a large amount of walking involved on this trip.**

- Monday, Nov. 5, 9:45 a.m.; \$4 registration and \$10 in cash day of trip. Lunch OYO.

## A Holly Jolly Christmas in Frankenmuth

Pick up a flyer with all the details. Two days and three nights, Monday-Wednesday, Dec. 3-5: \$596/single, \$500/double pp; \$478/triple pp; \$468/quad pp. Registration deadline is Oct. 3. Trip departs at 7:30 a.m.

## Wheeling Downs & Oglebay Festival of Lights

Enjoy a great day at the Races and Casino followed by a bus ride through the Oglebay Festival of Lights with a step-on tour guide. Enjoy a catered box dinner during the tour. Price includes motor coach transportation, gambling at Wheeling Downs with \$25 bonus play, Oglebay Festival of Lights with a tour guide and stops at the Oglebay shops and attractions.

- Tuesday, Dec 4, 8:30 a.m.; \$54, make check payable to Tracy McCallister of Tracy's Tours

## LaComedia Dinner Theatre

Join us as we travel to Springboro Ohio for the holiday classic "It's a Wonderful Life."

- Thursday, Dec. 13, \$49;  
9 a.m.

# SENIOR CENTER DAILY SCHEDULE

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Morning</b>	<p><b>8 a.m.:</b> Indoor Walking</p> <p><b>9 a.m.:</b> Bowling at Sawmill Lanes</p> <p><b>9:15 a.m.:</b> Zumba</p> <p><b>10:30 a.m.:</b> Bible Study</p>	<p><b>8 a.m.:</b> Indoor Walking</p> <p><b>9:15 a.m.:</b> Get Fit Exercise Class</p> <p><b>10 a.m.:</b> Beginner Bridge</p> <p><b>10:30 a.m.:</b> Choir</p>	<p><b>8 a.m.:</b> Indoor Walking</p> <p><b>9 a.m.:</b> Golf</p> <p><b>9:15 a.m.:</b> Zumba</p> <p><b>9:30 a.m.:</b> Corn Hole; Refresher Bridge</p> <p><b>10 a.m.:</b> Craft Club</p>	<p><b>8 a.m.:</b> Indoor Walking</p> <p><b>9-11:30:</b> Chair Massage (fourth)</p> <p><b>10 a.m.:</b></p> <ul style="list-style-type: none"> <li>• Beginner Bridge</li> <li>• Wii Bowling</li> <li>• Po-Ke-No (fourth)</li> <li>• Matter of Balance (second)</li> </ul>	<p><b>8 a.m.:</b> Indoor Walking</p> <p><b>9:15 a.m.:</b> Get Fit Exercise Class</p> <p><b>9:30 a.m.:</b></p> <ul style="list-style-type: none"> <li>• Open Studio</li> <li>• Alzheimer's Support Group (third)</li> </ul> <p><b>10:15 a.m.:</b> Chair Volleyball (first and third)</p> <p><b>11 a.m.:</b> Local Shopping (first and third)</p>
<b>Lunch</b>		Noon	Noon	Noon	<ul style="list-style-type: none"> <li>• Happiness Club (second)</li> <li>• Carriage Court Dine &amp; Discover (third)</li> <li>• Prayer Luncheon (fourth)</li> </ul>
<b>Afternoon</b>	<p><b>12:30 p.m.:</b></p> <ul style="list-style-type: none"> <li>• Duplicate Bridge</li> <li>• Pinochle</li> </ul> <p><b>1 p.m.:</b> Bingo</p> <p><b>2 p.m.:</b> Dance</p>	<p><b>1:15 p.m.:</b> Line Dancing</p>	<p><b>1 p.m.:</b> Euchre</p> <p><b>2 p.m.:</b> Tai Chi</p>	<p><b>1 p.m.:</b></p> <ul style="list-style-type: none"> <li>• Bridge</li> <li>• Pinochle</li> <li>• Bingo</li> </ul> <p><b>6 p.m.:</b> Game Night (first and third)</p>	<p><b>1 p.m.:</b> Euchre</p> <p><b>1:30 p.m.:</b> Friday Flick (second and last)</p>



# HILLIARD PARK CAFE: MONTHLY MENUS

## OCTOBER 2012

Tuesday	Wednesday	Thursday	Friday
<b>2</b> Salmon Patty Parsley Butter Potatoes Succotash Lemonade Pie	<b>3</b> Roast Pork Sauerkraut Mashed Potatoes Baby Carrots Angel Food Cake & Strawberry Topping	<b>4</b> Crispy Chicken Wild Rice California Blend Veggies Cherry Pie	<b>5</b>
<b>9</b> Lemon Pepper Fish Mac & Cheese Creamed Peas Pineapple Sheet Cake	<b>10</b> Shepherds Pie Tossed Salad Fruit Jell-O Peanut Butter Ice Cream Pie	<b>11</b> Vegetable Beef Soup Pickle Cookie & Ice Cream Grilled Cheese	<b>12</b> <b>Happiness Club</b> Salisbury Steak Mashed Potatoes Tossed Salad Corn Dessert Call Bev to register at 876-7900
<b>16</b> BBQ Pork Sandwich Pasta Salad Baked Beans Brownie Sundae	<b>17</b> <b>Wellness Wednesday</b> Tomato Basil Soup Grilled Cheese Tossed Salad Apple Crisp	<b>18</b> Baked Steak Mashed Potatoes Green Beans Pumpkin Upside Down Cake	<b>19</b> <b>Carriage Court Dine and Discover</b>  <b>Now at Noon</b>
<b>23</b> Baked Ham Cheesy Potatoes Harvard Beets Butterscotch Pudding	<b>24</b> Liver & Onions Mashed Potatoes Mixed Veggies Marble Cake	<b>25</b> Spaghetti with Meat Sauce Garlic Bread Tossed Salad Sherbet & Cookie	<b>26</b> <b>Prayer Lunch</b> Parmesan Chicken Mashed Potatoes Peas & Carrots Cherry Cheesecake
<b>30</b> <b>Halloween Party</b> Beef Tips/Noodles Mashed Potatoes Green Beans Red Fruit Jell-O Deviled Food Cake	<b>31</b> Pork Chops Au Gratin Potatoes California Blend Applesauce Cherry Crisp		

## NOVEMBER 2012

Tuesday	Wednesday	Thursday	Friday
<b>6</b> <b>Election Day</b> Sloppy Joes Chips Relish Fruit Cup Sherbet/Cookie	<b>7</b> <b>Veteran's Day 11 a.m.</b> Veterans eat free Roast Beef Mashed Potatoes Mixed Veggies Pig Lickin' Cake	<b>8</b> Lasagna Tossed Salad Garlic Bread Cherry Pie A La Mode	<b>9</b> <b>Happiness Club</b> Baked Ham AuGratin Potatoes Green Beans Cranberry Salad Dessert  Call Bev to register, 876-7900
<b>13</b> Baked Fish Cheese Potatoes Creamed Spinach Pineapple Upside Down Cake	<b>14</b> Vegetable Beef Soup Grilled Cheese Pickle Ice Cream & Cookie	<b>15</b> <b>Thanksgiving Meal</b> Turkey, Dressing Mashed Potatoes & Gravy Green Beans Pumpkin Pie	<b>16</b>  <b>No Carriage Court</b>
<b>20</b> <b>\$1.50</b> Spaghetti with Meat Sauce Tossed Salad Garlic Bread Ice Cream	<b>21</b> <b>Wellness Lunch</b> Broccoli Cheese Soup Ham Salad Sandwich Fruit Cup	<b>22</b> <b>Closed</b>	<b>23</b> <b>Closed</b>
<b>27</b> Chicken & Noodles Mashed Potatoes Green Beans Carmel Pears with Ice Cream	<b>28</b> Pork Chops Scalloped Potatoes Glazed Carrots Applesauce Spice Cake	<b>29</b> Chili Baked Potato Fruit Jell-O Butterfingers Dessert	<b>30</b> <b>No Prayer Lunch</b>  <b>Date Changed to Dec. 7</b>

## Hilliard Park Cafe

614-876-0747

- Meal Tickets are available in the Senior Center office as an alternative to paying the \$4 meal charge each day.
- A meal ticket may be purchased for six (6) meals for \$23 or 12 meals for \$46 with cash, check, VISA or MasterCard.

Meals are served at Noon  
non-members is \$6. The  
cost is \$4. Meal price for  
lunch is 4 p.m. the  
preceding day.  
deadline to sign up for



Name:

Phone:

# SENIOR CENTER ACTIVITY REGISTRATION: OCT / NOV (2012)

✓	Date	Day	Time	Activity	Fee
	17-Sep	M	1 p.m.	90th Birthday Party	\$3; Free to age 90+ members
	20-Sep	Th	11 a.m.	Edward Jones - Lunch and Learn	Free; Must attend seminar to receive free lunch
	20-Sep	Th	5:30 p.m.	Game Nite	\$2
	25-Sep	T	10 a.m.	Columbus Zoo	\$10
	Sept 26-Oct 3	W	1-3 p.m.	Computer Class: Facebook	\$44
	1-Oct	M	9-15 a.m.	Josephinum	\$4, plus lunch OYO
	2-Oct	T	1-3 p.m.	Franklin County Flu Shots	Bring insurance card or medicare card
	4-Oct	Th	5:30-8 p.m.	Game Night	\$2
	10-Oct	W	1 p.m.	Breathing Laughter & Good Things	Free; presented by Breathing Association
	Oct 10 & 17	W	1-3 p.m.	Computer Class: iPad Basics	\$44
	11-Oct	Th	10:45 a.m.	Men's Group: WBNS Tour	\$4, plus lunch OYO
	12-Oct	F	1-3 p.m.	Flu Shots By Walgreens	Insurance Card or Medicare
	15-Oct	M	8:15 a.m.	Girls Day Out: Golden Lamb	\$6, plus lunch OYO
	16-Oct	T	1 p.m.	Jim Collins: Ghost & Haunted Places	FREE; provided by Darby Glen Rehab Center
	17-Oct	W	11 a.m.	Edward Jones: Fraud & Finance Part 1	FREE; must attend seminar to receive free lunch
	18-Oct	Th	9:30 a.m.-9 p.m.	Cuyahoga National Park Train	\$59; make checks payable to Tracy McCallister
	18-Oct	Th	5:30-8 p.m.	Game Night	\$2
	22-Oct	M	1-5 p.m.	AARP Driver Safety Progr a.m.	\$12 AARP member; \$14 non; payable day of class
	24-Oct	W	Depart 10 a.m.	Dignified Diners Bun's & Ma Wilson's	\$5, plus lunch OYO
	Oct 24 & 31	W	1-3 p.m.	Computer Class: Intro to Word Doc	\$44
	25-Oct	Th	10 a.m.	Po-Ke-No	Free; provided By Mayfair Village
	29-Oct	M	12 p.m.	Western Frontier Reunion Trip Lunch	lunch on your own
	31-Oct	W	9:30 a.m.-2:30 p.m.	Senior Living Festival	\$4, plus lunch OYO
	31-Oct	W	9-11:30 a.m.	Hearing Screening	FREE
	1-Nov	Th	9 a.m.	Ohio Railway Museum	\$10, plus lunch OYO
	1-Nov	Th	1 p.m.	Lung Health	FREE; presented by Breathing Association
	1-Nov	Th	5:30-8 p.m.	Game Night	\$2
	Nov 7 & 14	W	1-3 p.m.	Computer Class: Beyond The Basics	\$44
	5-Nov	M	Depart 9:45 a.m.	Ohio Stadium Tour	\$4 registration; \$10 cash day of trip
	13-Nov	T	Depart 10:30 a.m.	Dignified Diners: Schmidt's, Book Loft	\$4, plus lunch OYO
	14-Nov	W	11 a.m.-noon	Edward Jones: Fraud & Finance Part 2	FREE; must attend seminar to receive free lunch
	19-Nov	M	9-10 a.m.	Pancake Breakfast	FREE; provided by Parks & Rec Staff
	Nov 21 & 28	W	1-3 p.m.	Computer Class: Microsoft Excel	\$44
	27-Nov	T	1 p.m.	Pool Tournament	\$3; snacks and drinks provided
	28-Nov	W	9-11:30 a.m.	Hearing Screening	FREE
	29-Nov	Th	10 a.m.	Po-Ke-No	Free; provided By Mayfair Village
	4-Dec	T	Depart 8:30 a.m.	Wheeling Downs & Oglebay Lights	\$54; make checks payable to Tracy McCallister
	11-Dec	W	1 p.m.	Jim Collins: Psychology of Happiness	FREE; Provided by Darby Glen Rehab Center
	13-Dec	Th	Depart 9 a.m.	LaComedia: It's A Wonderful Life	\$49
	26-Nov	M	9 a.m.	Jeffersonville Outlet Shopping	\$5, plus lunch OYO
<b>UPCOMING EXCURSIONS</b>					
	Dec 3-5 2012	M-W	Depart 7:30 a.m.	Frankenmuth Shopping and Shows	\$596/Single; \$500/Double
Coming Soon!	Spring 2013	6 Days		Sedona: Grand Canyon	More Info Soon
More Info Soon	Fall 2013	7 Days		New England Trails	More Info Soon
Coming Soon!	Early Dec 2013	6 Days		Branson at Christmas	More Info Soon

PHYLLIS A. ERNST

# Senior Center

Recreation & Parks Department  
3810 Veterans Memorial Drive  
Hilliard, Ohio 43026  
(614) 876-0747  
[www.hilliardohio.gov](http://www.hilliardohio.gov)

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# PLAY!

## Newsletter

VOLUME 33, NO. 10  
OCTOBER - NOVEMBER 2012

### Special Holiday Hours

The center is closed on Monday, Oct. 8 for Columbus Day; Monday, Nov. 12 for Veterans Day; and Nov. 22 and 23 for Thanksgiving. Bridge and Pinochle are canceled Nov. 15 due to the Thanksgiving Luncheon.

## Honor, Celebrate & Connect

### Come celebrate our Senior Citizen Hall of Fame inductees

The Hilliard Senior Citizen Hall of Fame Committee selects one or two honorees each year (one living and one posthumous) for a lifetime of service and achievement as well as how they represent a positive image of aging. Congratulations to this year's inductees: Helen King and Jack Headlee (posthumous). Please join us to help celebrate their achievements.

- Hall of Fame Celebration, Sunday, Oct. 7, 2 p.m.

### Trick or Treat in Hilliard

- Wednesday, Oct. 31, 6-8 p.m.

### ThankYOUpalooza!

As a way to thank YOU for your continued support and to show YOU we appreciate YOU and are thankful for each of YOU we are hosting a ThankYOUpalooza! This fun ThankYOUpalooza takes place Monday and Tuesday the week of Thanksgiving. Please join us for these two exciting events as we celebrate and Thank YOU!

- **Monday, Nov. 19:** Free Pancake Breakfast. Jacks are being flipped by our appreciative staff from 9-10 a.m. Please register in advance. Then stay and play FREE Bingo. (No Bingo at 1 p.m. today)
- **Tuesday, Nov. 20:** We are rolling back the price of lunch today to \$1.50! Join us for Dick's famous spaghetti!

FALL FESTIVAL AND MUSICAL

# JAMBOREE!

ROGER A. REYNOLDS MUNICIPAL PARK

 **SUNDAY, OCT. 21**   
**1-5 P.M.**

PATCHES OF LIGHT PIGGY BANK DRIVE  
HORSE-DRAWN HAY WAGON RIDES

CRAFTS  
INFLATABLES  
GAMES  
PETTING ZOO  
CAMEL RIDES  
PT REPTILES  
TURTLE LADY

AIRBRUSH TATTOOS  
PUMPKIN CARVER  
COSI ON WHEELS  
ARNETTE HOWARD  
HOT DOGS  
COLUMBUS DANCE ARTS  
FARMERS MARKET

### Weather Policy

All programs and activities are cancelled if Hilliard City Schools is canceled due to the weather.

### Wi-Fi

Wireless Internet is free and available at the Center.

